# **YMCA Camp Kern Guidelines and Procedures**

(937) 478-6713 | 5291 State Route 350 | Oregonia, OH 45054

Welcome to Camp Kern – wonderful, place to be, with a strong camping tradition since 1910. This year you will be among the tens of thousands of guests that will that will visit Camp Kern. We invite you to play a part in keeping Ohio's largest camp beautiful by following these guidelines and procedures:

# Check-in:

Please check-in with your Camp Host upon arrival for an orientation to camp's policies and procedures. Your Camp Host will be your guide to Camp Kern, review your schedule with you, check-in with you at meals, and be available via cell phone for the entire length of your stay.

#### Wristbands:

YMCA Camp Kern is not a public facility and is open to registered guests only. For the safety and security of all guests, each member of your group must be wearing a wristband during the length of their stay. Wristbands will be distributed at check-in.

#### **Emergencies:**

In case of emergencies, get to safety and dial 911. Please contact your Camp Host. Staff members have been trained in emergency procedures.

#### **Medical Care:**

YMCA Camp Kern staff members are trained in basic First Aid and CPR. However, groups are responsible for providing their own medical care. Parents, chaperones, and group leaders are responsible for arranging care for illnesses, injuries, and medical concerns and for distribution of medication. It is the group's responsibility to have emergency release and medical forms for all participants. We do not have a nurse on-site. Bethesda Hospital in Lebanon is the closest medical facility. Any incident or accident that requires more than basic first aid should be reported to the Camp Host immediately.

#### Severe Weather:

In the event of severe weather, seek immediate shelter. Camp Kern reserves the right to cancel activities if we determine it is unsafe to continue for any reason.

# **Restricted Areas:**

The pool, lake, pond, horse fields, archery and riflery ranges, ropes courses, and challenge courses are restricted areas. These areas can only be used under the supervision of Camp Kern Staff. Fishing is allowed on the lake and pond under Adult Supervision.

#### **Supervision:**

All youth must be under the supervision of adults who are responsible for their care. It is the rental group's responsibility to appropriately screen all rental-group staff with responsibility for or access to campers/participants. YMCA Camp Kern advises rental groups to provide training to all staff to minimize the potential of any rental group personnel being in a one on one camper/personnel situation when out of sight of others.

## Vehicles:

Follow posted speed limits. Please drive carefully and keep driving on camp to a minimum. Do not park or drive on grass. Do not transport passengers in truck beds or non-passenger vehicles. Service roads are for staff use only.

#### **Smoking:**

YMCA Camp Kern is a Tobacco-Free (including E-cigarettes) facility.

#### Fires:

Fires may only be built in existing, elevated, designated fire rings and fireplaces. Please keep all fires safe and manageable.

#### **Alcohol and Drugs:**

Possession and/or use of illegal drugs are prohibited on Camp Kern property. Any group found in violation of this policy will incur fines and may be prohibited from returning to Camp. No alcohol will be brought onto camp property, or consumed or distributed on camp property, unless Camp Kern Alcohol Policy is applicable and has been signed. Any participant suspected to be under the influence of alcohol or drugs will be denied the right to participate in camp activities.

#### Litter:

Please help us keep Camp litter-free. Please pick up all trash in and around your area.

#### Meals:

Meals will be promptly served at 8AM, 12 Noon, and 5:30PM, unless you have made special arrangements.

#### **Quiet Hours:**

Quiet hours are from 10PM - 7AM.

#### Lodging:

Please do not remove any beds or furniture. Groups will be charged for any vandalism to property.

#### **Check-Out:**

Cabins and meeting spaces should be left in the condition they were found. Please make sure to do the following:

- Remove all personal belongings
- Remove trash and put in bins outside
- Sweep Cabin
- Flip each mattress on its side
- Turn off A/C
- Turn off Heat (Main Camp Cabins ONLY)
- Turn off all lights
- Shut all doors and windows

A housekeeping charge will be added to the final bill if cabins are not left in a clean and orderly manner.

#### Do Not Bring:

Power tools, chain saws, flammable liquids, fireworks, guns, knives, arrows, silly string, sidewalk chalk, and pets are prohibited on Camp property. Skates, rollerblades, skateboards, and bikes cannot be used without the proper safety gear and approval by Camp director.

# **Liability:**

YMCA Camp Kern and Young Men's Christian Association of Dayton, Ohio is not liable for any and all loss, cost, damage, and expense occasioned by or arising out of an accident or other occurrence causing or inflicting injury and damage to any person or property, happening or done in, upon or about the leased premises, or due directly to the tenancy use or occupancy thereof, or any part thereof.

# YMCA Camp Kern FAQ

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# • What if there is an EMERGENCY?

- o Get to safety!
- o Call **9-1-1**
- Send someone to front gate to direct emergency services
- Call Camp Host immedility

# What if someone gets hurt?

- Prevent further injury.
- Don't treat above your training.
- Urgent Care:
  - (513) 932-5600
  - 1000 Columbus Ave. Lebanon, OH
    45036
- Bethesda:
  - (513) 282-7200
  - 100 Arrow Springs Blvd. Lebanon, OH 45036
- Call Camp Host immedility

# What if a toilet clogs?

- Plunger in central bathhouses and most bathrooms
- Inform Camp Host during operating hours

# I have lost Heat

Inform Camp Host

# I have lost A/C

- Open windows
- Inform Camp Host during operating hours

# • I want to make a fire

- Reserve pit in advance or check with Camp Host for availability
- Bring your own starters
- Plenty of wood is available in the forest-feel free to collect any dead wood that is on the ground

# I have run out of toilet paper

- Don't panic; it happens.
- Share with your neighbors
- Housekeeping restocks Main Camp daily
- Inform your camp host during operating hours

# My cabin/bathhouse has Lost of water

 Check with your camp host to see what other shower facilities are available

# • I'm bored, what can I do?

- Shoot some hoops
- o Go on a hike
- Visit the nature center
- Go fishing
- o Play some GaGa
- Visit Pete's Tower
- Skip rocks at the Little Miami River
- Visit the horses
- More complete list is part of your Welcome Packet

# I want to watch a movie

- Advanced notice should be given
- Electronics are not guaranteed to be available

# I have developed a Poison Ivy Rash

- Use soap and water to cleanse skin; isolate clothing
- Calamine lotion available in Lebanon at Walgreens, CVS, Kroger, and Walmart.

If you have any other questions, please feel free to contact your Camp Host.

# Camp Host Phone Number (937) 478-6713

Operating Hours: 8am-7pm

Emergencies ONLY: 7pm-8am