



FOR YOUTH DEVELOPMENT®  
FOR HEALTHY LIVING  
FOR SOCIAL RESPONSIBILITY

# YMCA Camp Kern Women's Wellness Weekend 2020 Registration

**Friday August 21 @ 4pm - Sunday August 23 @ 4pm**



**Fitness classes, hiking and climbing wall, horseback trail ride, crafts, 6 mile Little Miami canoe trip, campfire and new friends!**

**Participant Name:** \_\_\_\_\_

**Cabin Mate Request:** \_\_\_\_\_

**Date of Birth:** \_\_\_\_\_ **Cell Phone #:** \_\_\_\_\_

**Address:** \_\_\_\_\_

**City:** \_\_\_\_\_ **State:** \_\_\_\_\_ **Zip:** \_\_\_\_\_

**Email Address:** \_\_\_\_\_

**Signature:** \_\_\_\_\_

**\*Participants must complete a YMCA Camp Kern liability waiver, and photo release which will be distributed after registration.**

**REGISTER EARLY AND SAVE!**  
**\$150 Per Person before June 1st**  
**\$165 Per Person after June 1st**  
**Payments are Non-Refundable**

**Questions?**  
**Contact Cam Miller**  
**cmiller@daytonymca.org**  
**513-932-3756 x 1529**



- Packing List (per person)**
- Sleeping Bag or Blankets & Pillow
  - Towel & Washcloth
  - Toiletries
  - Long pants for trail ride
  - Swimsuit
  - Two days of comfortable clothes that can get dirty
  - Workout or comfortable clothes for fitness sessions
  - Jacket or Sweatshirt
  - Rain Gear
  - At least one pair of closed toe shoes
  - Extra socks
  - Water Bottle
  - Flashlight

Make checks payable to  
YMCA Camp Kern or call to  
pay by credit card

Please mail, fax, or scan/email this form  
to:  
mfassig@daytonymca.org  
P: 513-932-3756 F: 513-932-8607

YMCA CAMP KERN  
5291 ST. RT. 350  
Oregonia, OH 45054